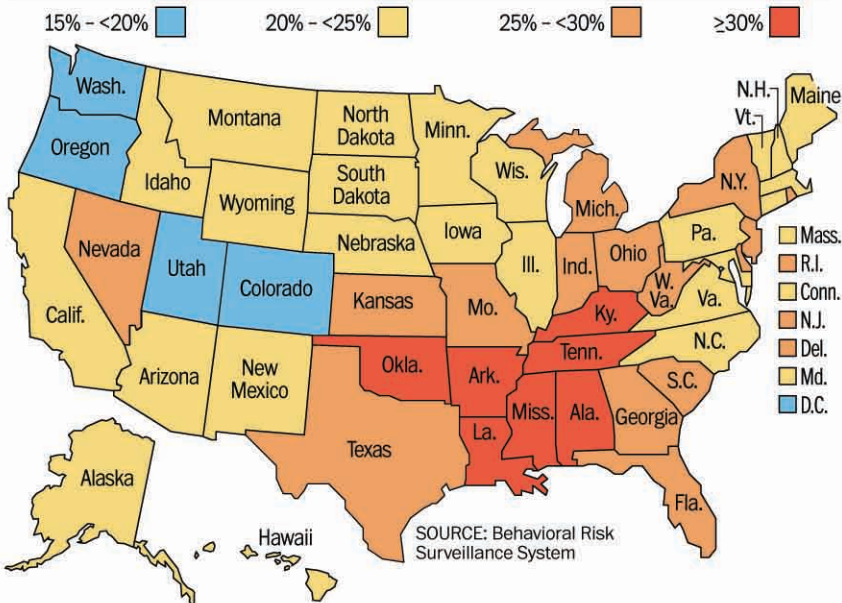


OVERALL PHYSICAL INACTIVITY

Prevalence of self-reported physical inactivity* among U.S. adults by state, 2015–2018:



* Respondents were classified as physically inactive if they responded "no" to the following question: "During the past month, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?"